

San Diego Rock 'n' Roll 5K, Marathon, Half, or Relay Team ECS Registration Form



Thank you for joining Team ECS! Please complete this form after you have registered for the race of your choice on the San Diego Rock 'n' Roll Marathon's official website (<http://www.runrocknroll.com/san-diego/>)

Please provide us with the information below, and we will be in touch with more details about the big weekend!

Full Name: _____

Race: 5K _____ Marathon _____ Half Marathon _____ 2-Person Half Relay _____

Address: _____

Phone: _____ **Is it okay to text this number? Yes No**

If not, is there another number we can text? _____

Email: _____

T-shirt size: Small _____ Medium _____ Large _____ XL _____ XXL _____

Thank you for supporting Episcopal Community Services by walking or running with Team ECS! By fundraising as a member of our team, through making a donation or advocating to your family and friends, you help to make a difference in the lives of thousands of men, women, and children here in San Diego County. Any donations, large or small, are a great help in ECS' ongoing work. ECS does not receive any of the registration fee paid to San Diego Rock 'n' Roll. Please see our Rock 'n' Roll webpage for fundraising ideas and information.

Please note:

*If you are walking with friends or family members, please fill out a form for each participant.

*For the 5K, we plan to meet in the St. Paul's Cathedral parking lot, located at the corner of 6th Avenue and Olive Street, at 6:00am the morning of the race so we can all start out together. We will provide coffee and bagels, take a group picture, and distribute t-shirts before the race.

If you have questions, please contact Deann at dayer@ecscalifornia.org or 619.228.2840 or Sarah at swilkins@ecscalifornia.org or 619.228.2828.

Thank you again for joining Team ECS. We will be in touch soon!