

Head Start Annual Report



2014-2015

Episcopal Community Services Head Start History

Episcopal Community Services (ECS) was founded in 1927 by All Saints' Episcopal Church to provide chaplaincy to those confined to hospitals and public institutions. The agency was funded by the proceeds of a local thrift shop and the contributions of 117 paying members. In 1939, a Board of Directors was formed to help set policy. The board expanded the scope of the agency in 1954 to provide programs that would address the welfare as well as the spiritual needs of the San Diego area. ECS was incorporated in 1955 and obtained its first government contract from the County of San Diego to provide chaplaincy services to inmates of San Diego County honor camps. Today, ECS provides over \$23 million worth of health and human services in San Diego County.

Episcopal Community Services has been providing Head Start services in the South San Diego region as a delegate agency to Neighborhood House Association (NHA) since 1978. During its thirty seven years of service, the ECS Head Start program has grown from serving 210 children in traditional, center-based slots, to serving

up to 2,497 cumulative children during program year 2014-2015 (1,998 Head Start and 499 Early Head Start) in a combination of program options. Throughout its thirty-seven years of serving Head Start children and families, ECS has demonstrated the ability to effectively plan for growth and decline, to identify and prepare suitable facilities, to recruit and train qualified staff, and to implement and manage high quality, comprehensive Head Start services.

During the 2014-2015 program year ECS received restoration of funding lost in the sequestration of the previous year. Due to sequestration, ECS Head Start had to leave several facilities. In spite of this, ECS Head Start demonstrated its ability to restore slots to meet the needs of the community.

Episcopal Community Services Today

During 2014-2015 ECS Head Start was funded to provide Head Start and Early Head Start services to 2,068 children and pregnant mothers at any one time. Several

options are available to families that included full-day center based, part-day center based, combo, Family Child Care (FCC) and Home Based (HB).

ECS Head Start recruits families for the program using a variety of methods, such as recruitment fairs, the distribution of flyers door-to-door in low-income housing establishments, and collaborations with other local agencies like Cal Works, Child Welfare Services, WIC, and local school districts. ECS Family Support Technicians involve parents at their centers in outreach and recruitment activities. The activities include staff and parents contacting local stores, agencies, libraries, churches, and community groups to distribute flyers, door hangers and brochures. Recruitment is a year round process with families often contacting ECS Head Start throughout the year to inquire about submitting an application.



Episcopal Community Services
Today Cont.

ECS Head Start recruits Children with disabilities through a variety of methods. Head Start staff collaborate with local LEA staff to inform them of programs provided by ECS Head Start and opportunities for enrollment. When appropriate, Head Start staff are invited to IEP meetings to talk directly with parents about opportunities for enrollment that will meet their child's individual needs. Announcements are made at parent meetings and public announcements are placed in local newspapers. Advocates, parents and agencies are encouraged to refer children with disabilities to the Head Start program. ECS works closely with the HOPE infant program (a program for children aged 0-3 with disabilities) to transition children with disabilities into Head Start.

Families are selected for the Head Start program based on established enrollment procedures. ECS has a screening process that ensures services are provided to the families who have the most serious need for Head Start services including homeless families, foster families, TANF recipients, military families, and those with a disability. Eligibility for services is determined using a points system designed to ensure that families in the most need receive services. Factors for which points are awarded to include: child's age, family income, special need/situation, and parental status. Eligibility staff also uses the current federal poverty guidelines to determine the number of points a family receives for income, with the lowest income receiving the most points. Families with the most points are given first priority for enrollment.



HS Fact: Meal Times

Pictured Left: An ECS Head Start child enjoying a nutritious meal. Head Start is required to follow the USDA meal pattern requirement. Food served must be high in nutrients, and low in fat, sugar and salt. Head Start / Early Head Start children receive up to two meals and a snack, depending on what program option the child is enrolled in.

Episcopal Community Services
Head Start Philosophy

ECS Head Start's mission is to improve the school-readiness of low-income children by providing comprehensive child development services that are family focused. Services include education, health, nutrition, mental health and social services. ECS Head Start's goals are accomplished by involving parents in the total operation of the program and supporting the growth of children, families and staff through the development of advocacy skills, enhanced self-esteem and empowerment. Our overall goal is to develop a greater degree of independence among the families we serve and empower them to make informed decisions on the issues that impact their lives.

PROGRAM MODELS/ OPTIONS

In order to receive Head Start or Early Head Start services families/ children must meet age and income requirements and/ or be considered categorically eligible.

In order to effectively meet the needs of the community that ECS Head Start serves parents can select from several program options:

Full Day Center-Based: Operates more than six hours per day. Parents/ Guardians must be working, attending school, or demonstrate a need for full-day care.

Part-Day Center-Based: Operates less than six hours per day.

Home Based: Services are provided in the child's home. Home Visiting staff work directly with the parent(s) and child. Additionally, two group socializations are offered monthly.

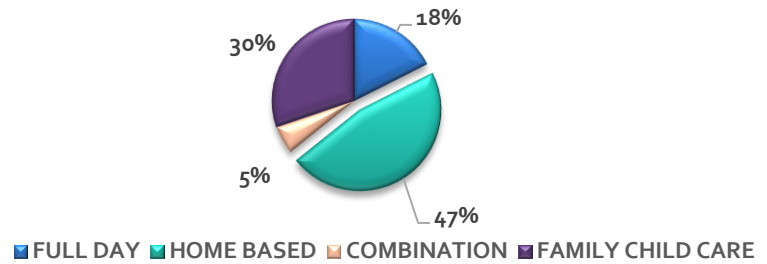
Family Child Care: Services are provided through contracted child care providers in a home child care setting. Parents/ Guardians



must be working, attending school, or demonstrate a need for full-day care.

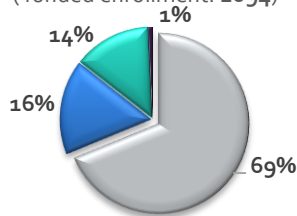
Combination Program: This program option is offered through a collaboration with the San Diego County Office of Education for parenting teens. The teen parents attend classes while their infants/toddlers attend Early Head Start. Additionally, parenting teens receive home visits from Early Head Start staff.

Early Head Start Program Options (funded enrollment 374)



Head Start Program Options

(funded enrollment: 1694)

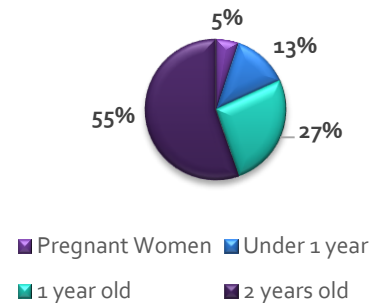


■ PART DAY ■ FULL DAY ■ HOME BASED ■ FAMILY CHILD CARE

CHILD AGES and PERCENTAGE OF POPULATION SERVED

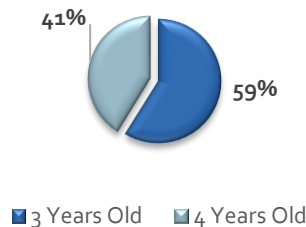
For the 2014-2015 program year ECS Head Start provided services to a cumulative total of 2,497 pregnant mothers, infants, toddlers, and preschoolers. ECS Head Start provided services to approximately 14.9% of the eligible infant, toddlers, and preschoolers in the South Bay service area. The most recent Community Needs Assessment conducted by ECS Head Start showed that there were approximately 16,500 eligible infants, toddlers, and preschoolers in the South Bay Service area (approx. 8,600 infants/toddlers and approx. 7900 preschoolers).

Early Head Start Child Age (*Cumulative Enrollment: 499)



■ Pregnant Women ■ Under 1 year
■ 1 year old ■ 2 years old

Head Start Child Age (*Cumulative Enrollment: 1998)



■ 3 Years Old ■ 4 Years Old

*Note: Cumulative Enrollment includes turnover rate for children who left the program, and their slot was filled by another child on the wait-list.

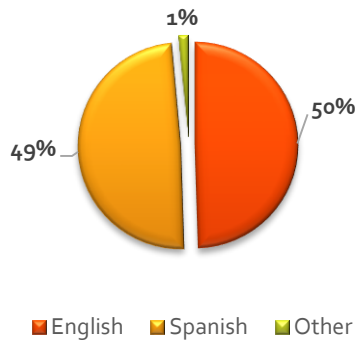


Language and Ethnicity Demographics

Of the 2,497 children (cumulative enrollment) who received services from ECS Head Start and Early Head Start, fifty percent were identified to have English as their primary language at home, forty nine percent were Spanish, and one percent were identified to have "other" as their primary language at home. Other language options include: Middle Eastern, European, Slavic, Pacific Islander, and African Language

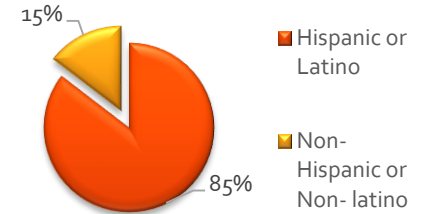


Primary Language at Home (Head Start and Early Head Start)



Approximately eighty five percent of children/families who received (2497 cumulative) services from ECS Head Start and Early Head Start identify with being of Hispanic or Latino origin. The remaining fifteen percent identify with being of Non- Hispanic or Non-Latino origin.

Child Ethnicity (Head Start and Early Head Start)



Head Start Performance Indicators 2014-2015	
Children are up-to-date on physical examination and CA schedule of age appropriate preventative and primary health:	96.10%
Children are up-to-date , or have received all possible immunizations:	99.80%
Children who have completed a dental exam since that start of the program year:	93%
Over-income enrollment:	10%
Head Start children determined eligible for Individualized Education Plan (IEP) but the Local Education Agency (LEA):	13%
Percentage of families who received at least one service from ECS Head Start:	100%
Percentage of children who dropped and did not re-enroll:	18.70%
Average monthly enrollment based on funded enrollment of 1,694 children:	100%

Early Head Start Performance Indicators 2014-2015	
Children are up-to-date on physical examination and CA schedule of age appropriate preventative and primary health:	91.50%
Children are up-to-date , or have received all possible immunizations:	97.50%
Over-income enrollment:	3%
Early Head Start children determined eligible for Individualized Family Service Plan (IFSP) but the Local Education Agency (LEA):	14%
Percentage of families who received at least one service from ECS Early Head Start:	100%
Percentage of children who dropped and did not re-enroll:	26.90%
Average monthly enrollment based on funded enrollment of 374children:	100%





HS Fact: Child Assessments

Pictured Above: An infant enjoying exploring the outdoors.

Pictured Right: Preschool children participating in an activity in which they were replicating, with blocks, famous monuments. Head Start requires that all enrolled children are assessed three times per year. The results of the ongoing assessments are used to assess child skill and help individualize future learning opportunities for children. Learning activities such as on the ones pictured are used to provide data and evidence about developmental level of each individual child.

CHILD OUTCOMES and SCHOOL READINESS

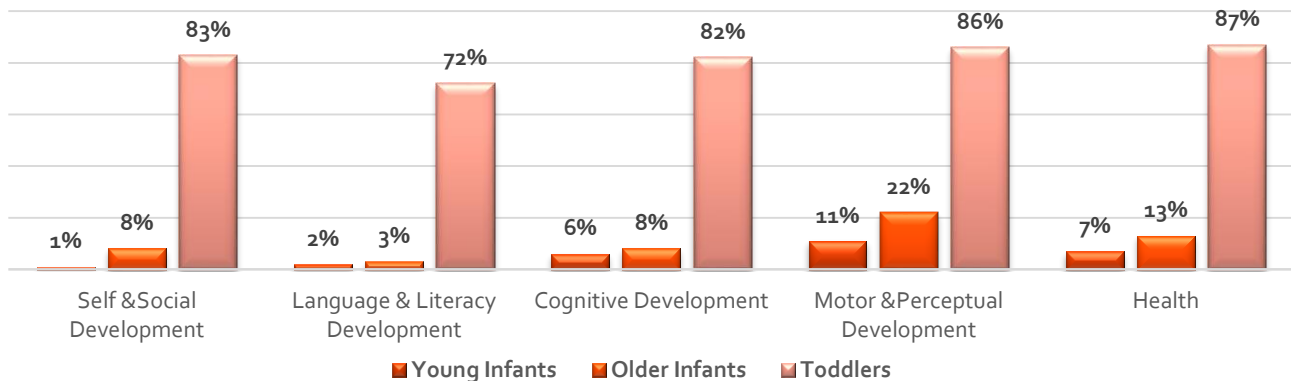
The 2014-2015 program year saw a continued effort to improve the school readiness of all children enrolled in ECS Head Start. This means ensuring that children transitioning out of our Early Head Start Program are ready to go a preschool program and children transitioning out of our Head Start program are ready for kindergarten. To track Child Development and School-Readiness ECS Head Start/ Early Head Start utilizes the Desired Results Developmental Profile 2010 (DRDP 2010) Assessment. The Desired Results System was developed by the California Department of Education (CDE).

The CDE and Head Start have worked together to align DRDP Assessment and Outcomes to the Head Start Child Outcomes Framework and School-Readiness goals.

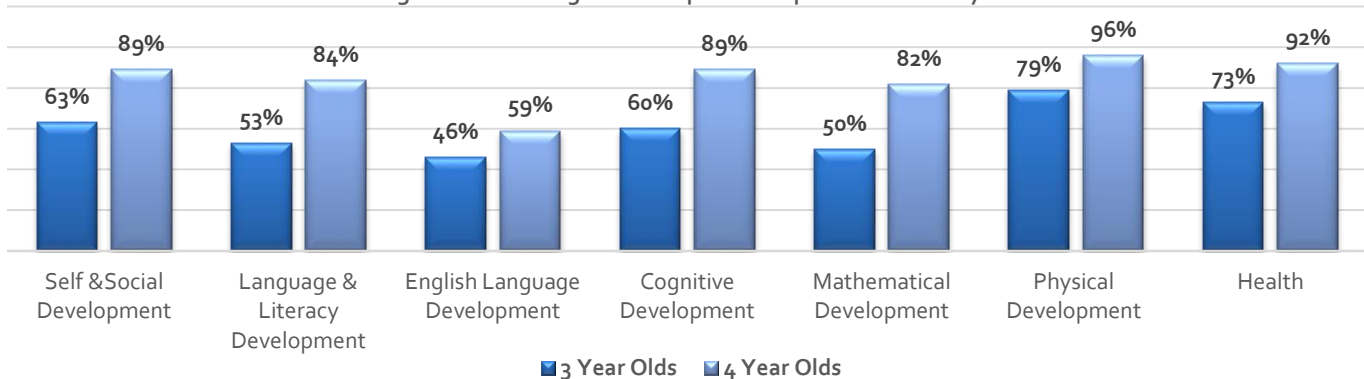


Child Outcomes: The tables below highlight the year- end results for required DRDP Assessments. The assessments are conducted three times per year and results of the ongoing assessments are used to assess child skill and individualize for future learning opportunities.

Infant/Toddler DRDP Results
Percentage of Ratings in the Top 2 Developmental Levels by Domain



Preschool DRDP Results
Percentage of Child Ratings in the Top 2 Developmental Levels by Domain

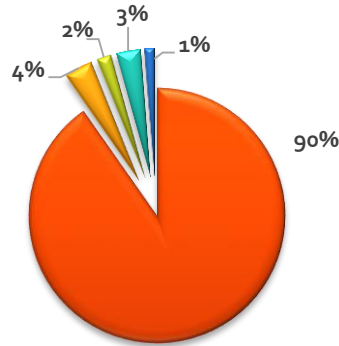


ECS HEAD START FINANCIAL INFORMATION

2014-2015

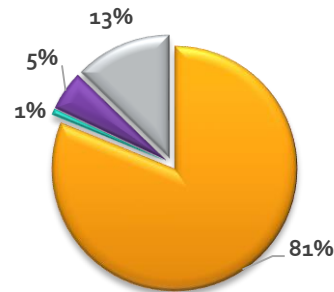
**Agency Sources of Federal Funding
2014-2015**

- Head Start
- Child Care Food Program
- Substance Abuse Prevention Treatment
- Supportive Housing and Section 8
- Veterans Contract



**Agency Revenue by Funding Source
2014-2015**

- Federal
- State
- County
- Other



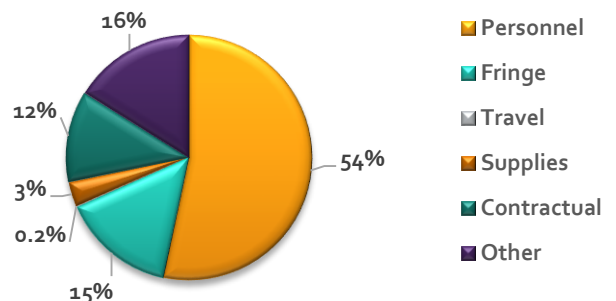
ECS Head Start Program Operating Budget 2014-2015	
Head Start Funding <small>(Basic and Training/ Technical Assistance)</small>	\$ 12,975,727.00
Early Head Start Funding <small>(Basic and Training/ Technical Assistance)</small>	\$ 4,322,561.00
CACFP	\$ 589,000.00
Quality Preschool Initiative	\$ 204,273.00
Total:	\$ 18,091,561.00

ECS HS/ EHS Line Item Budget 2014-2015		
Personnel	53.37%	\$ 9,655,579.00
Fringe	15.01%	\$ 2,714,988.00
Travel	0.20%	\$ 35,500.00
Supplies (Includes: office, child, family, and food supplies)	3.20%	\$ 578,503.56
Contractual: (Includes: Professional Consultants, Family Child Care Provider Fees, and School District Collaborations)	12.07%	\$ 2,184,527.22
Other: (Includes: admin, occupancy, nutrition services, parent services, training and staff development, software licenses, publications, advertising, and printing)	16.15%	\$ 2,922,463.22
Total:		\$ 18,091,561

Fiscal Audit Update:

The June 30 2015 ECS Financial Audit was performed by Moss Adams LLP, Certified Public Accountants, resulting in the agency qualifying as a low risk agency.

ECS HS/ EHS Combined Line Item Expenditures



2014-2015 Program Highlights and Updates

During the 2014-2015 program year ECS Head Start implemented programs and partnered with community agencies to provide and enhance services to children and families and to help the agency meet its goals of School Readiness, Family Engagement, Healthy Families, and Safe and Healthy Facilities.

School Readiness:

Quality Preschool Initiative (First 5 San Diego) provided funding to ECS Head Start to enhance classroom environments. It also provided onsite coaching and professional development stipends to teachers. Quality Preschool Initiative hosted parenting programs and select ECS Head Start staff were trained to provide "Let's Read Together".

Kindergarten Readiness Academies continued to be offered across all Head Start program options for families with four year olds who are transitioning to kindergarten. Parents/ caregivers attended monthly workshops with their child to learn fun and exciting ways to reinforce school readiness at home. Throughout the 2014-2015 program year 21 sessions were offered at 3 different locations, with each session drawing an average of 20 families.

PITC (Program for Infant and Toddler Care) continued to provide training to Early Head Start Family Childcare Providers. Providers received monthly training and support related to responsive caregiving and relationship-based approaches to caregiving.

Education Consultants were hired to work directly with Head Start and Early Head Start teaching staff to strengthen developmental progress observations and learning opportunities.

Healthy Families:

San Ysidro Health Centers provided free dental exams on site for Head Start children who were unable to access dental care. A Dental Festival was held at ECS's Oxford center.

Secure Start Therapeutic Classroom was piloted through a partnership with ECS Para Las Familias. Secure Start is a preschool classroom offered to children who show a need for smaller class size and increased teacher-student ratio. Secure Start utilizes the *Circle of Security* approach. Support is provided not only in the classroom but directly to parents as well.

Harvest of the Month was incorporated into classrooms each month throughout the program year. The goal is to expose children and families to fruits and vegetables that may be new to them and increase their interest in trying and incorporating new fruits and vegetables into their daily diets.



Jewish Family Services provided Triple P parenting programming to Head Start parents across all program options as determined by parent interest and referral. In total, 128 parents completed a 3 session Seminar Series in Positive Parenting, 61 parents completed an 8 week Positive Parenting Group and 12 parents completed a 4 week Positive Parent Individual series.

Parent Involvement occurred across all Head Start program options. Overall, parents provided over 3,464 hours of volunteer hours at their child's center(s). Volunteering activities included, but were not limited to: helping children wash hands and transition into the classroom, helping to prepare for activities, and assisting in classroom activities such as circle-time.

ECS Family Engagement Center entered its second year in service to families across the agency. It continues to be a central location where parenting education classes and other services are offered in addition to classes and services offered directly at the centers. Family Engagement Center programming highlights from the 2014-2015 program year include:

- Car Seat Safety (68 families attended and 68 children received free car seats).
- Mom to Madre family literacy classes,
- Dance to Fitness Classes,
- Basic Budgeting,
- Computer Lab access (parents logged over 338 hours using the on site computers to look for jobs, work on homework, and sign up for public assistance).
- Parents also spent 142 hours volunteering at the center to help keep it ready for upcoming events.



2014-2015 Program Highlights Cont.

Facilities and Safety:

Victoria School Early Head Start Center is an infant/ toddler center that was opened by ECS through a partnership with San Diego County Office of Education: Juvenile Court and Community Schools. ECS provides onsite infant/toddler care for pregnant and parenting teens attending an alternative education program so that the teens can achieve a high school diploma and/or receive vocational guidance. The Victoria School Early Head Start program opened its doors in February 2015 to 20 infants/toddlers. During the time between opening and the end of the school year 5 teens achieved their high school diploma.

Boys and Girls Club is a new Head Start center that was opened during the 2014-2015 school year. The center is located within the Bob Payne Family Branch of the Boys and Girls Club (National City). The building also houses the Integrity Charter School which our transitioning four year olds are able to transition into.

"My experience at the Family Engagement Center has been overwhelming and far beyond what I had anticipated...My children and I felt very comfortable in the center, there was always an open and warm environment waiting for us. I began getting more involved through volunteering and attending more often. My children loved coming to the story time and the Mom to Madre. I was even able to take advantage of Zumba classes offered for the parents and this began a workout routine that resulted in weight loss for me. I know this center has helped us in so many ways, not only for my kids but for me..."

- A. Calderon: Palomar Center

Federal Review Updates

CLASS™:

The Office of Head Start onsite CLASS™ review was conducted from 1/26/2015 to 1/30/2015. As a delegate agency to Neighborhood House Association, ECS was reviewed as part of the overall grantee, and scores are averages across all agencies associated with the grantee. OHS will review scores nation-wide following the conclusion of the review year to determine which agencies nation-wide fall in the bottom 10 %.

Results for the grantee were as follows:

<u>DOMAIN:</u>	<u>SCORE:</u>
Emotional Support	6.0742
Classroom Organization	5.9505
Instructional Support	3.0052

FISCAL/ERSEA:

The Office of Head Start conducted a Fiscal/ ERSEA (Eligibility, Recruitment, Selection, Enrollment, and Attendance) review event for the Grantee 6/15/2015 to 6/19/2015. ECS was reviewed as part of the overall grantee. No areas of noncompliance were found during the review, and no corrective actions were required

ENVIRONMENTAL HEALTH AND SAFETY (EnvHS):

The Office of Head Start conducted an onsite EnvHS review from 4/6/2015 to 4/17/2015. ECS was reviewed as part of the overall grantee. All of ECS centers, classrooms and providers were visited.

ECS Head Start had no areas of non-compliance and one area of concern over one power strip in one center. The area of concern was immediately addressed and resolved.



Family Outcomes

ECS Head Start Staff work directly with families to identify areas of strengths and needs, and then to help families set goals to meet their individual family needs. Head Start parent are periodically surveyed to assess the helpfulness of the Head Start services in specific areas of their family life as well as whether or not the program helped them overall. Following are some highlights of parents' responses.

FAMILY OUTCOMES FAST FACTS

OVERALL SATISFACTION RATES

Very helpful to Somewhat helpful Not helpful



Parent reported the program helped them



Parent reported the program helped their child



Parent reported the program helped their family

OUTCOME AREAS- PARENT YEAR END REPORT OUT

Very helpful to Somewhat helpful Not helpful



Family Well-being



Parent- Child Relationships



Families as Lifelong Educators



Families as Learners



Family Engagement in Transitions



Family Connection to Peers and Community



Families as Advocates and Leaders.



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