



# ECS Head Start



*funded by Neighborhood House Association*



## 2016-2017 Annual Report



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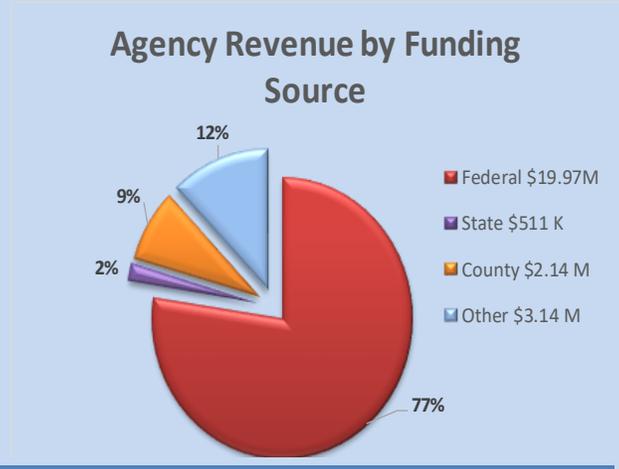


## Episcopal Community Services History

Originally founded in 1927 by All Saints' Episcopal Church to provide social welfare programs for the poor, elderly, sick, and "those who might otherwise be forgotten", Episcopal Community Services (ECS) expanded its scope in 1954 to provide programs to address the physical, emotional, and spiritual needs of all San Diegans. ECS was incorporated in 1955 and obtained its first government contract with San Diego County to provide counseling and jobs for men released from prison. Today, ECS provides more than \$27 million in health and human services in the areas of homelessness, mental health, poverty, addiction and early childhood education to more than 8,000 clients in San Diego.

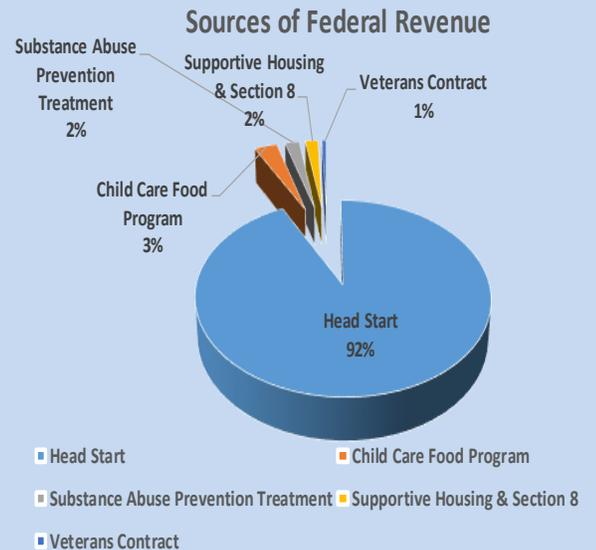
Episcopal Community Services has been providing Head Start services in the South San Diego region as a delegate agency to Neighborhood House Association (NHA) since 1978. During its thirty-nine years of service, the ECS Head Start program has grown from serving 210 children in traditional, center-based slots, to serving up to 2,438 cumulative children during program year 2016-2017 (1,801 Head Start and 637 Early Head Start) in a combination of program options. Throughout its thirty-nine years of serving Head Start children and families, ECS has demonstrated the ability to effectively plan for growth and decline, to identify and prepare suitable facilities, to recruit and train qualified staff, and to implement and manage high quality, comprehensive Head Start services.

## Episcopal Community Services 2016-2017 Financial Update



### Fiscal Audit Update:

The June 30, 2017 ECS Financial Audit was performed by Moss Adams LLP, Certified Public Accountants, resulting in the agency qualifying as a low risk agency for the fourth year in a row.





## FEDERAL UPDATE

As a delegate agency to Neighborhood House Association, ECS Head Start is reviewed as part of the overall grantee. Below are the results of **2015-2016** Monitoring Events:

**School Readiness (SR):** The Administration for Children and Families (ACF) conducted a Comprehensive Services and SR review event in January of 2016. The results of the event indicated no areas of non-compliance or concern.

**Leadership/Governance/Management Systems Review (GovSys):** ACF conducted a GovSys monitoring event in February of 2016. The results of the event indicated no areas of non-compliance or concern.

Follow up from **2015 Environmental Health and Safety** Monitoring Event: ACF conducted a monitoring event April 2016 to determine whether previously identified findings had been corrected. The results of the event indicated that all previous findings have been closed and no corrective action is required.

## ECS Head Start Today

During 2016-2017 ECS Head Start was funded to provide Head Start and Early Head Start services to 2,009 children and pregnant mothers at any one time. Several options are available to families that included full-day center based, part-day center based, combo, Family Child Care (FCC) and Home Based (HB).

ECS Head Start recruits families for the program using a variety of methods, such as recruitment fairs, the distribution of flyers door-to-door in low-income housing establishments, and collaborations with other local agencies including CalWorks, Child Welfare Services, WIC, and local school districts. ECS Family Support Technicians involve parents at their centers in outreach and recruitment activities. The activities include staff and parents contacting local stores, agencies, libraries, churches, and community groups to distribute flyers, door hangers and brochures. Recruitment is a year-round process with families often contacting ECS Head Start throughout the year to inquire about applying.

ECS Head Start recruits children with disabilities through a variety of methods. Head Start staff collaborate with local LEA staff to inform them of programs provided by ECS Head Start and opportunities for enrollment. When appropriate, Head Start staff are invited to IEP meetings to talk directly with parents about opportunities for enrollment that will meet their child's individual needs. Announcements are made at parent meetings and public announcements are placed in local newspapers. Advocates, parents and agencies are encouraged to refer children with disabilities to the Head Start program. ECS works closely with the HOPE infant program and Regional Center (programs for children aged 0-3 with disabilities) to transition children with disabilities into Head Start.

Families are selected for the Head Start program based on established enrollment procedures. ECS has a screening process that ensures services are provided to the families who have the most serious need for Head Start services including homeless families, foster families, TANF recipients, military families, and those with a disability. Eligibility for services is determined using a points system designed to ensure that families in the most need receive services. Factors for which points are awarded to include: child's age, family income, disabilities, special needs and situations. Eligibility staff also uses the current federal poverty guidelines to determine the number of points a family receives for income, with the lowest income receiving the most points. Families with the most points are given priority for enrollment.



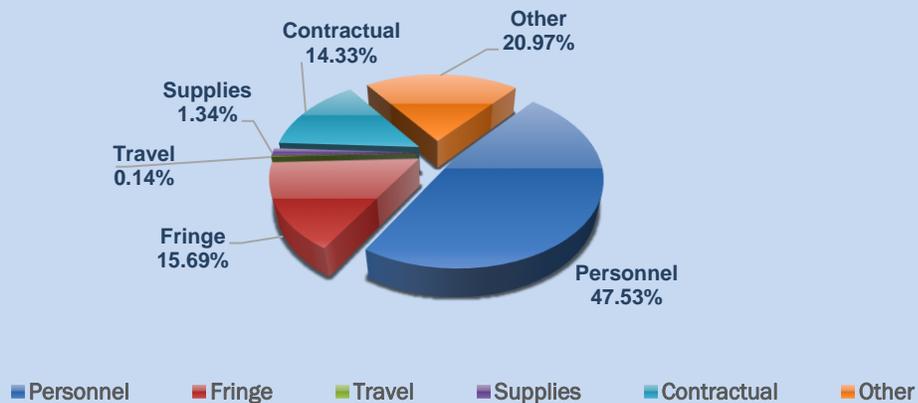
# ECS HEAD START 2016-2017

## Budget and Expenditures



<b><u>ECS Head Start 2016-2017 Operating Budget</u></b>	
Head Start Federal Funding (Basic HS + T&TA) & COLA	\$12,845,980
Early Head Start Federal Funding (EHS + EHS T&TA)	\$5,583,257
CACFP	\$670,000
QPI	\$511,000
<b>Total</b>	<b>\$19,610,237</b>

### Summary of HS / EHS Combined Actual Expenditure Percentages 2016-2017



## ECS Head Start Philosophy

ECS Head Start’s mission is to improve the school-readiness of low-income children by providing comprehensive child development services that are family focused. Services include education, health, nutrition, mental health and social services. ECS Head Start’s goals are accomplished by involving parents in the total operation of the program and by supporting the growth of children, families and staff through the development of advocacy skills, enhanced self-esteem and empowerment. Our overall goal is to develop more independence among the families we serve and empower them to make informed decisions on the issues that impact their

## Program Models and Options

In order to receive Head Start or Early Head Start services families/ children must meet age and income requirements and/ or be considered categorically eligible. To effectively meet the needs of the community that ECS Head Start serves, parents can select from several program options:

**Full School Day Center-Based:** Operates more than six hours per day.

**Part- Day Center- Based:** Operates less than six hours per day.

**Home Based:** Services are provided in the child’s home. Home Visiting staff work directly with the parent(s) and child. Additionally, two group socializations are offered monthly.

**Family Child Care:** Services are provided through contracted child care providers in a home child care setting. Parents/ Guardians must be working, attending school, or demonstrate a need for full-day care.

**Combination Program:** Services continue to be provided through a collaboration with the San Diego County Office of Education for parenting teens. The teen parents attend classes while their infants/ toddlers attend Early Head Start.

Head Start Program Options

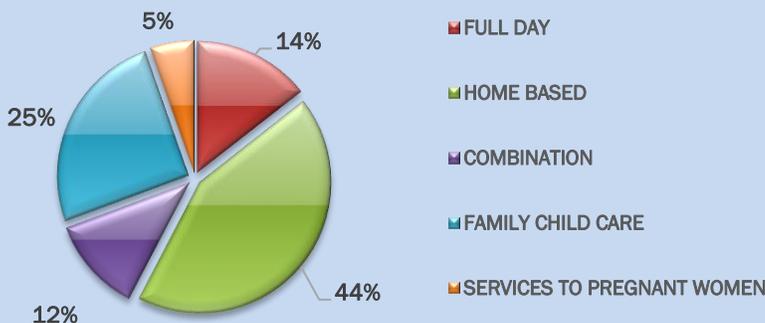
funded enrollment: 1565



■ Part Day   ■ Full Day   ■ Home Based   ■ Family Child Care

Early Head Start Program Options

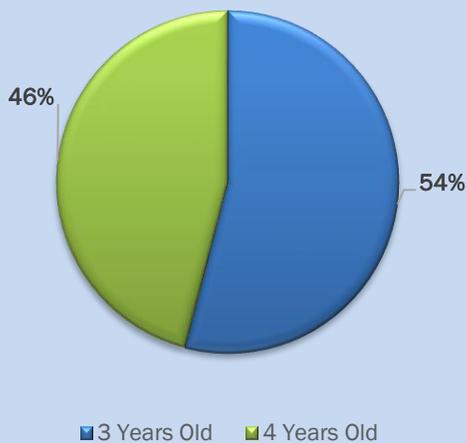
( funded enrollment 444)



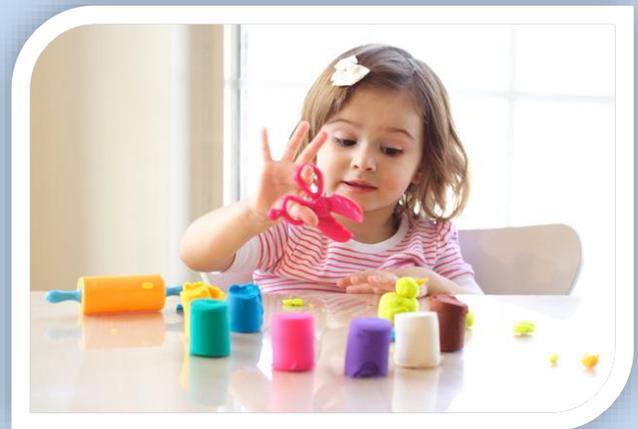
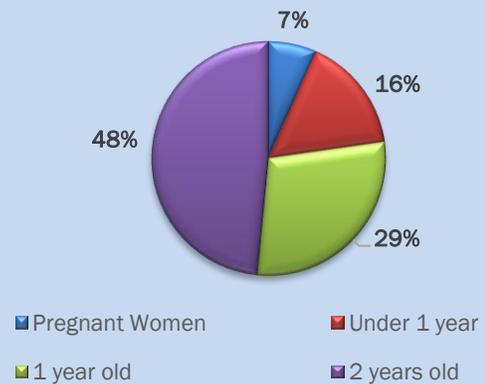
## Child Ages and Percentage of Population Served

For the 2016-2017 program year ECS Head Start provided services to a cumulative total (the number of total funded slots and the number of children that attended, dropped, and were then replaced with another eligible child) of **2,438** pregnant mothers, infants, toddlers, and preschoolers. The 2016 Community Needs Assessment Update conducted by ECS Head Start showed that there could be up to approximately 15,069 eligible infants, toddlers, and preschoolers in the South Bay Service area (up to approx. 8,646 infants/toddlers and up to approx. 6,423 preschoolers). This data indicates that ECS Head Start provided services to approximately **16.17%** of the eligible infant, toddlers, and preschoolers in the South Bay service area.

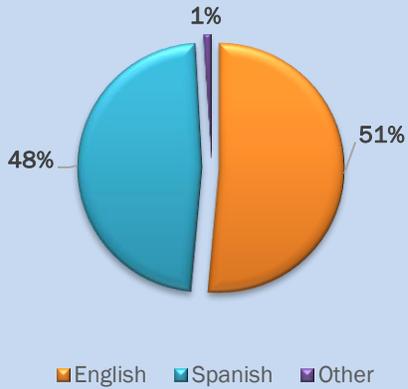
**Head Start Child Age**  
(Cumulative Enrollment: 1801)



**Early Head Start Child Age**  
(Cumulative Enrollment: 637)



### Primary Language at Home (Head Start and Early Head Start)



### Language Demographics

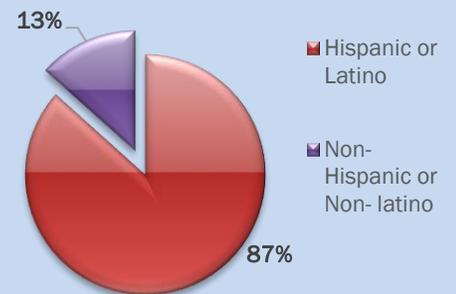
Of the 2,438 children (cumulative enrollment) who received services from ECS Head Start and Early Head Start, fifty-one percent were identified to have English as their primary language at home, forty-eight percent were Spanish, and one percent were identified to have “other” as their primary language at home. Other language options include: Middle Eastern, European, Slavic, Pacific Islander, and African Language.

### Ethnicity Demographics

*Approximately 87 percent of children/families who received services from ECS Head Start and Early Head Start identified as being of Hispanic or Latino origin.*



### Child Ethnicity (Head Start and Early Head Start)



## 2016- 2017 Head Start Program Outcomes



### Head Start Performance Indicators 2016-2017

Children are up-to-date on physical examination and CA schedule of age appropriate preventative and primary health:	96%
Children are up-to-date, or have received, all possible immunizations:	98%
Children who have completed a dental exam since that start of the program year:	97%
Over-income enrollment:	9%
Head Start children determined eligible for Individualized Education Plan (IEP ) but the Local Education Agency ( LEA):	13%
Percentage of families who received at least one service from ECS Head Start:	99.8%
Percentage of children who dropped and did not re-enroll:	14%
Average monthly enrollment based on funded enrollment of 1,565 children:	100%

### Early Head Start Performance Indicators 2016-2017

Children are up-to-date on physical examination and CA schedule of age appropriate preventative and primary health:	92.3%
Children are up-to-date, or have received all possible immunizations:	99%
Children who are up-to-date on a schedule of age-appropriate preventative and primary oral health care according to the state's EPSDT schedule	98%
Over-income enrollment:	2%
Early Head Start children determined eligible for Individualized Family Service Plan (IFSP ) but the Local Education Agency ( LEA):	15%
Percentage of families who received at least one service from ECS Early Head Start:	100%
Percentage of children who dropped and did not re-enroll:	26%
Average monthly enrollment based on funded enrollment of 444 children:	100%

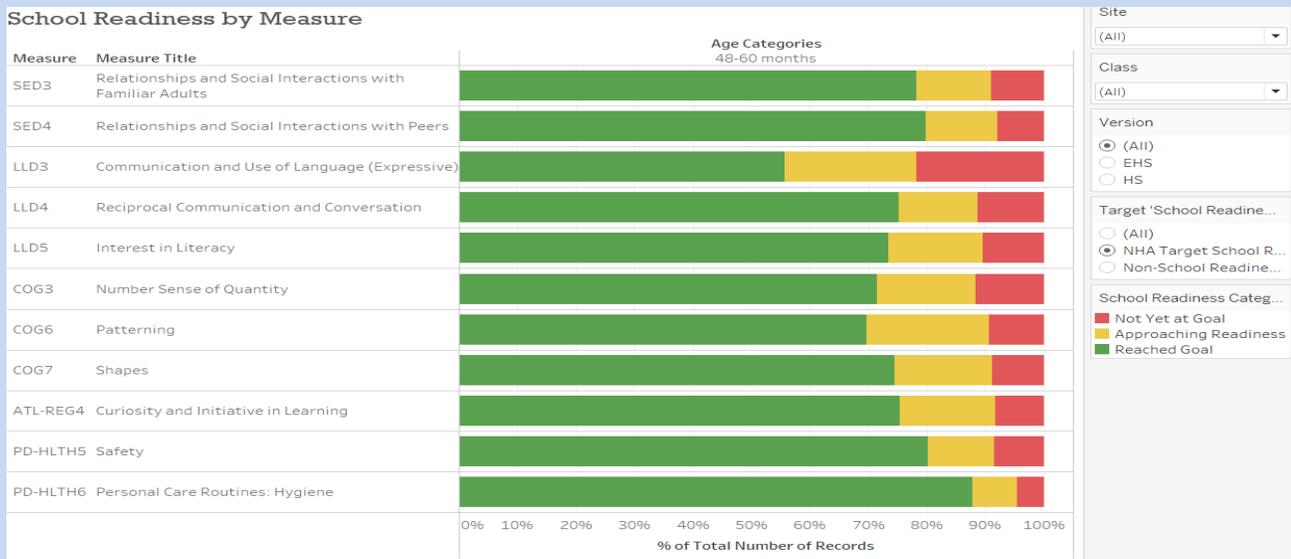


## Child Outcomes & School Readiness

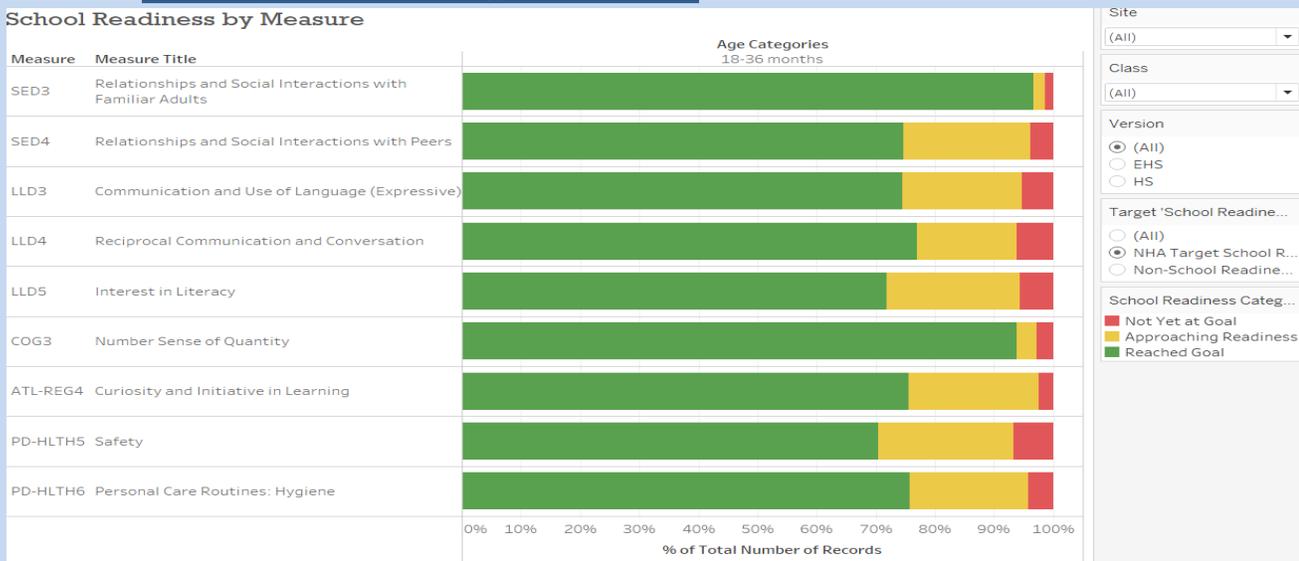
The 2016-2017 program year saw continued efforts to improve the school readiness of all children enrolled in ECS Head Start by ensuring that the children transitioning out of our Early Head Start Program are ready for a preschool program and that the children transitioning out of our Head Start program are ready for Kindergarten.

To track Child Development and School-Readiness, ECS Head Start/Early Head Start utilizes the Desired Results Developmental Profile 2015 (DRDP 2015) Assessment developed by the California Department of Education (CDE). The tool represents a developmental continuum used to assess all children infancy to Kindergarten, including children with identified learning disabilities, and is aligned to the Head Start Early Learning Outcomes Framework. The tool identifies individual children’s developmental measures that teachers use to assess for intentional teaching and lesson planning for their classroom.

### 4 Year Old’s Transitioning to Kindergarten:



### 3 Year Old’s Transitioning to Preschool:

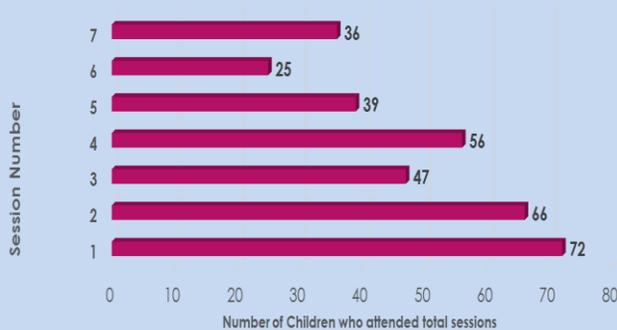


**1,214 Staff Development Hours:** As part of its ongoing School Readiness goal during the 2016-2017 school year ECS Head Start implemented Practice Based Coaching and Teacher Learning Collaboratives to support teachers in topics such as Curriculum and Assessment.

**Quality Preschool Initiative (First 5 San Diego)** provided funding to ECS Head Start to enhance classroom environments. They also provided onsite coaching and professional development stipends to teachers.

## Parent and Family Engagement

**Kindergarten Readiness Academy (KRA)** continued to be offered across all Head Start program options for families with four-year old's who are transitioning to kindergarten. Parents/ caregivers attended monthly workshops with their child to learn fun and exciting ways to reinforce school readiness at home.



### Let's Read Together

- ▶ **Six** Classes held at **6** different locations
- ▶ The workshop introduced reading techniques such as pairing reading with an activity and at the end parents got to take home a book and activity materials.

### Additional Literacy Support Programs or Activities

- ▶ Mom to Madre held **8** Family Literacy Parties at the Family Engagement Center.
- ▶ Lending libraries were used a total of **595** times this year.



**Healthy Families** During the 2016- 2017 program year ECS Head Start continued ongoing efforts to ensure that all children received required health and dental services, as well as to ensure that families are healthy. Some highlights in efforts to achieve this goal include some new initiatives: **The Nutrition and Physical Activity Self-Assessment for Child Care (NAP SACC) program** and **Sprout a Healthy Start**.



The Nutrition and Physical Activity Self-Assessment for Child Care (NAP SACC) program is a research-tested intervention designed to enhance policies, practices, and environments in Child Care.

NAP SACC uses an organizational assessment of 14 areas of nutrition and physical activity policy, practices and environments to identify the strengths and limitations of the child care facility. Rating scale is 0-3.

As a result of staff trainings and parent engagement:

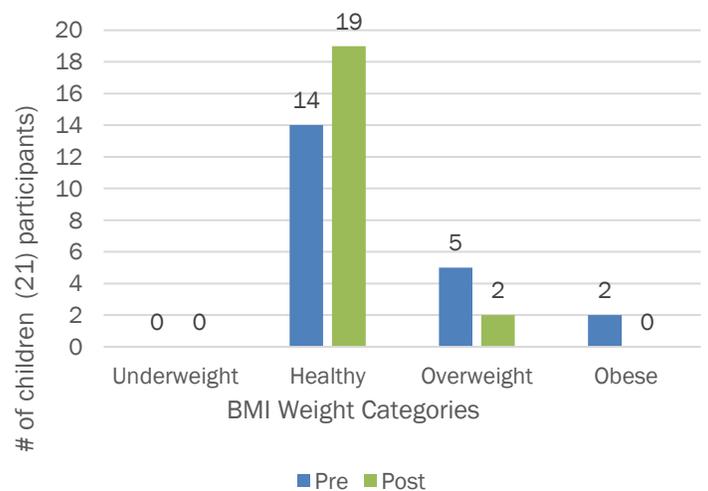
- ▶ The ECS Head Start NAP SACC nutrition score related to teachers speaking with children about healthy eating improved from a 2 to a 3;
- ▶ both questions for teacher professional development and nutrition education for families maintained best practice scores of 3;
- ▶ and all questions related to feeding environment, such as teacher role modeling, maintained best practice scores of 3.

## Sprout a Healthy Start

Thanks to a grant from Kaiser Foundation, an exciting program focused on improving student health by increasing physical activity and improving nutrition education for parents and children was implemented at the San Ysidro Head Start site

- ▶ 23 parents/caregivers participated in nutrition workshops, cooking demonstrations, a grocery store field trip, individualized nutrition counseling, and yoga classes.
- ▶ All parents that participated said the workshops gave them valuable information that will be easy to apply in their own lives.
- ▶ In the classroom, children learned about choosing healthy foods and participated in lots of movement including dancing, hula hooping, and relays. Students were also able to plant their own garden and have harvested beets, zucchinis, green peas and cilantro to include in their classroom snacks and take home.

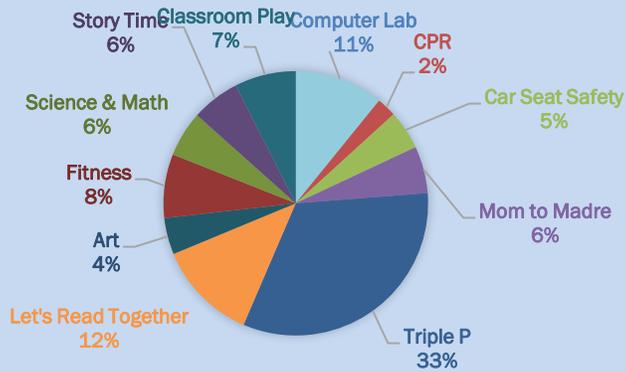
BMI rates: Workshop Participants



## ECS FAMILY ENGAGEMENT CENTER ACTIVITIES

### Parent Involvement

occurred across all Head Start program options. Volunteering activities included helping children wash hands and transition into the classroom, helping to prepare for parent/child activities, and assisting in classroom such as circle, outdoor and meal times.



### Family Outcomes

ECS Head Start Staff work directly with families to identify areas of strengths and needs, and then to help families set goals to meet their individual family needs. Head Start parent are periodically surveyed to assess the helpfulness of the Head Start services in specific areas of their family life as well as if the program helped them overall. Highlights of parents' responses:

#### Strengths and Needs by Measure

